



Evidence-Based Prevention

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What can we expect from today?

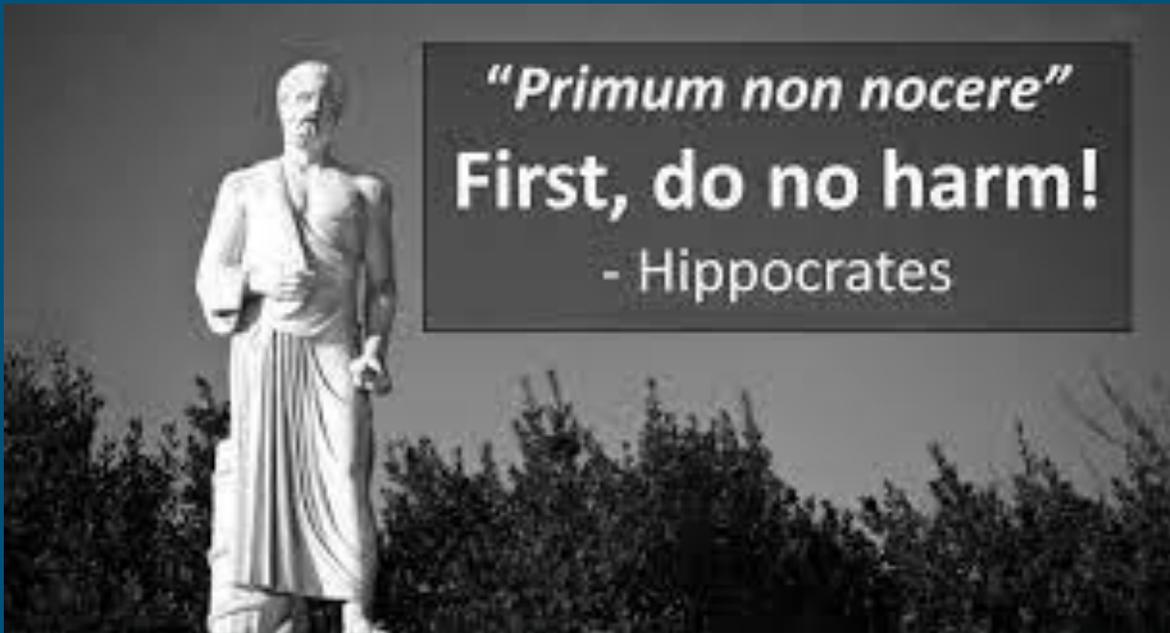
- Define Evidence-Based Prevention (EBP)
- Familiarize yourself with EBP in Montana
- How to submit a program to the Evidence Based Workgroup
- Review Evidence-Based Prevention Strategies

Decades!



What is Evidence-Based Prevention?

*Implementing effective **interventions** and **strategies** that have **evidence** of being effective, based on research under a particular set of circumstances.*



Historically- There have been prevention strategies that have increased use and harm. For Example, Hawkins and Catalano found that putting delinquent youth together in a group actually increased substance use and delinquency.

- **Original** D.A.R.E Program
 - Youth Access to “Drunk Goggles”
 - Mock Crashes
-

Finding EB Programs and Practices

Federal Registries

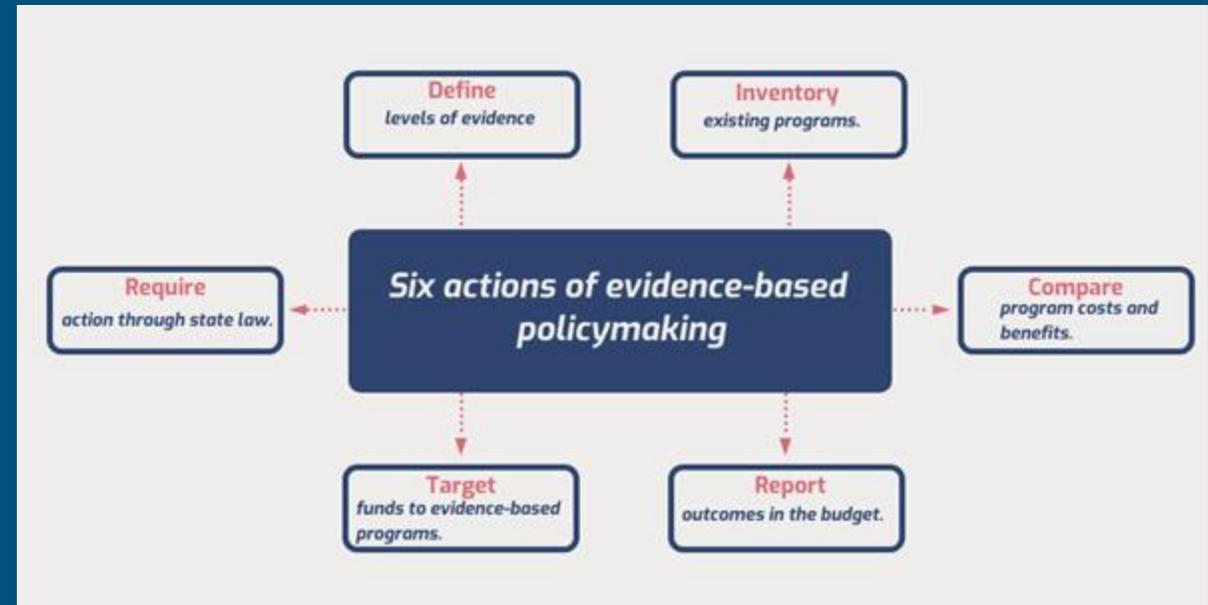
- Crimesolutions.gov
- Program Directory Search at youth.gov
- Model Programs Guide at OJJDP
- What Works Clearinghouse at US Department of Education

Peer-Reviewed Journals

- American Journal of Public Health
- Annual Review of Public Health
- Journal of Adolescent Health
- Journal of School Health at Wiley Online Library
- Journal of the American Medical Association
- Journal of Studies on Alcohol and Drugs
- Preventive Medicine at Elsevier

What does this look like in Montana?

- Montana Evidence Based Workgroup (EBWG)
- [Program Search Tool](#)
- [Policy Search Tool](#)



Montana's State Health Improvement Plan

Mission: To protect and improve the health of every Montanan through evidence-based action and community engagement.

Guiding Principles:

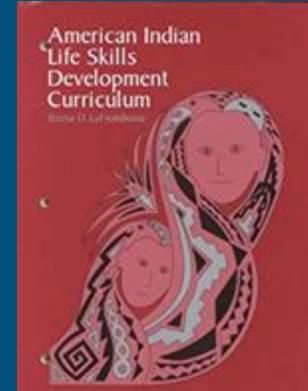
- Use evidence-based strategies to address health priorities.
- Use strategies and actions that encourage connections across our communities.
- Promote health equity and value differences in cultures, attitudes, and beliefs.
- Strengthen our public health system to deliver results.

**Source: 2019-2023 State Health Improvement Plan*

Evidence-Based Programs



Media Campaign (DOI)
ParentingMontana.org



Cultural Programs (PE)
American Indian Life Skills



Education Programs for Youth (PE)
PAX Good Behavior Game



Communities That Care
Plus (CBP)

Evidence-Based Practices

- ATOD-Compliance Checks (EA)
- Party Patrols (EA)
- Social Norms Campaign (DOI)
- Texting Tip Line (EA)
- Safe Ride Programs (EA)
- Alcohol Server Training (EA)
- Media Advocacy (DOI)
- Student Assistance Programs (PIR)

4 out of 5 Panthers DO NOT drink alcohol.

Join the Crowd!

Funded by Georgia Department of Behavioral Health and Developmental Disabilities, Office of Prevention Services and Programs.

Evidence-Based Policies

- Alcohol License Density Limit Policies (EA)
- School Alcohol, Tobacco and Other Drug-Free Policies (EA)
- Minimum age of server/seller requirement (EA)
- Social Host policies/ordinances (EA)
- Special Event Policies- Enforcement of Policies (EA)
- Minimum age of purchase for alcohol, tobacco (EA)
- Regulations on home delivery of alcohol (EA)



City of Redding
SOCIAL HOST ORDINANCE

§ If you host, permit, or allow a gathering where minors consume alcoholic beverages, marijuana, or other controlled substances, you could be fined up to \$1,000.

§ If you have ownership or control of a premise, or are responsible for organizing a gathering where juveniles are drinking or using controlled substances, you could be fined up to \$1,000.

Learn more at www.chemicalpeople.org/socialhostordinance

Partners For A Drug-Free Community
SHASTA COUNTY CHEMICAL PEOPLE

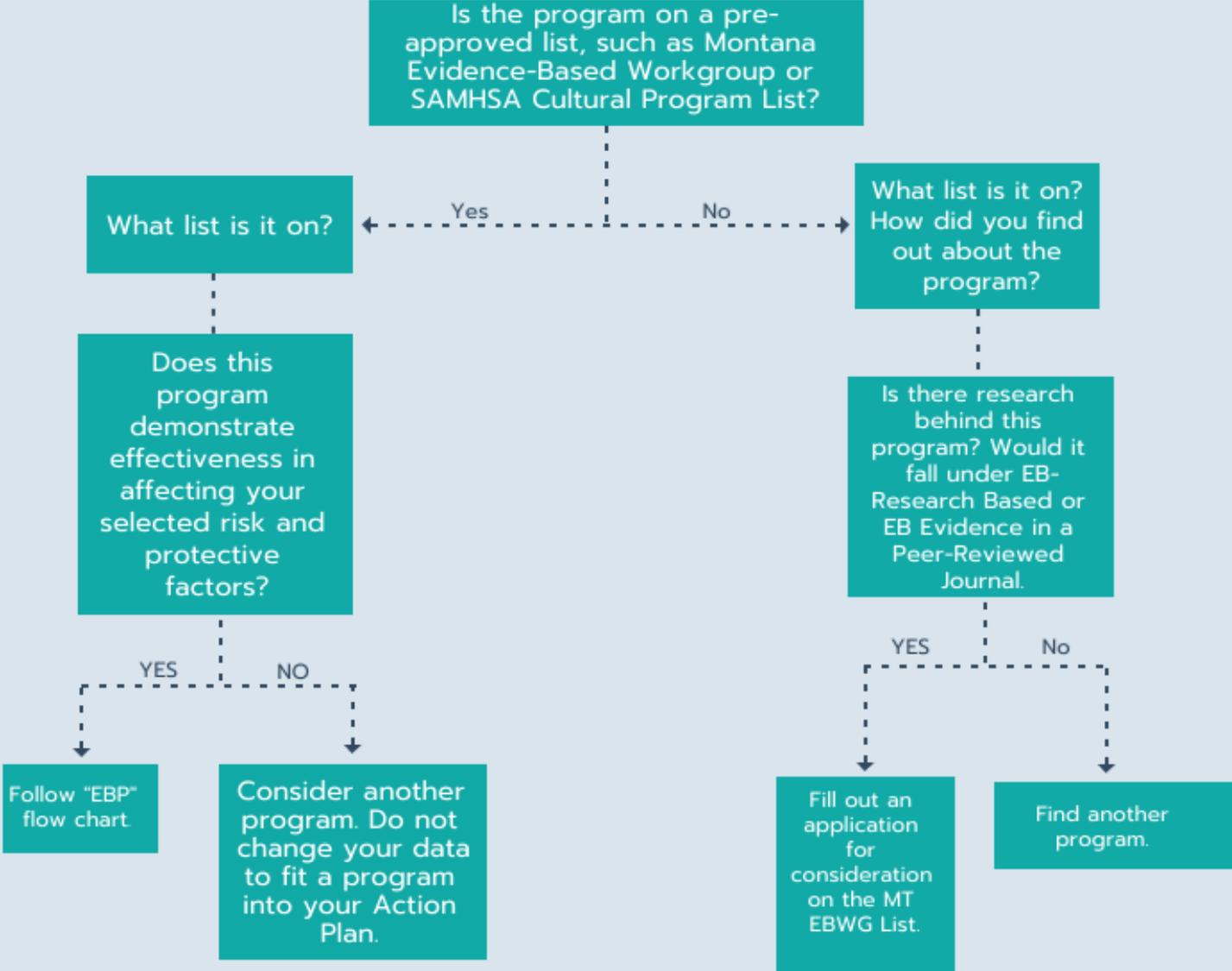
(530) 241-5958

Selecting An Evidence-Based Intervention

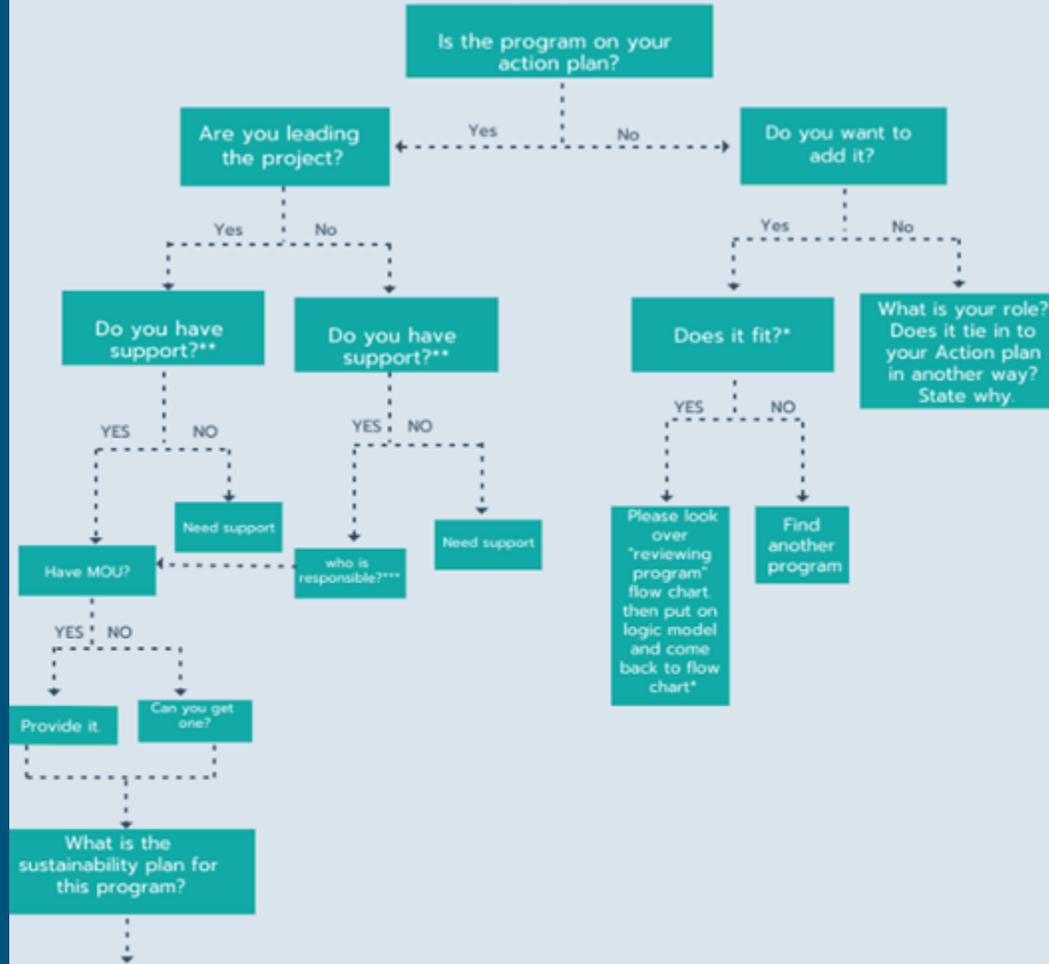
Effectiveness
Conceptual Fit
Practical Fit

- Is the Intervention Effective?
 - Will the intervention(s) impact the selected risk or protective factor?
 - Is the intervention feasible for the community?
-

Reviewing a program



EBP



If this program/project requires a facilitator, what is the plan for the long term facilitator?

Requirement: If the PS is going to be the initial facilitator, it is a requirement that they have a sustainability plan to transition to a supporting role for the program.

There must be a plan for someone else from the coalition, supporting agency, or other community group to become facilitators of this program

Who is going to take over planning and implementation of the program in the future?

How will this program be used with other activities on the Action Plan to help enhance its impact?

"Does it fit? You should not have to change their data to fit the program-that's doing it backwards, you should use data, then find a program to fit the data.

**Do you have support? Do you have support (fiscal and human) with this project from partners, the coalition or agencies represented on the coalition?

***Who is responsible? If they DO have support from these agencies, who are they and what is their role? What portion of the project are these other agencies responsible for?

EBWG Approval for a Program

- EBWG approval for a program
 - Meets 4 times a year
 - [Evidence Based Program Proposal](#)
 - [November 2020 Roundtable](#)



Evaluation

- How will you evaluate the Evidence- Based Program, Practice, or Policy? Are there evaluation guidelines for the program or that come with the program?
- Process Evaluation: Was the program implemented correctly and to fidelity?
- Outcome Evaluation: Were the outcomes successful?

Sustainability

- Build ownership
- Share results
- Track and publicize outcomes
- Identify program champions
- Invest in capacity
- Identify diverse resources
- Questions to consider



Additional Resources

- [MT Request for Program/Policy/Practice Consideration Form](#)
- [Selecting Best-Fit Programs and Practices \(SAMHSA\)](#)
- [Culturally-Informed Programs](#)

Questions?

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