

All Nations Health Center

# PROJECT VENTURE

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# WHAT IS PROJECT VENTURE?

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- Created by the National Indian Youth Leadership Project (NIYLP)
  - Flagship Program under NIYLP
  - Adapted from Therapeutic Adventure for Native American youth
- A year long curriculum that facilitates adventure education
  - In the classroom
  - Outside in nature
- All Nations started training staff in 2018



# RISK & PROTECTIVE FACTORS

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## ➤ ATOD Use

- delaying initiation of use
- increasing perception of harm
- decreasing social approval of use
- increasing perceptions that peers are non-users

## ➤ Mental Health

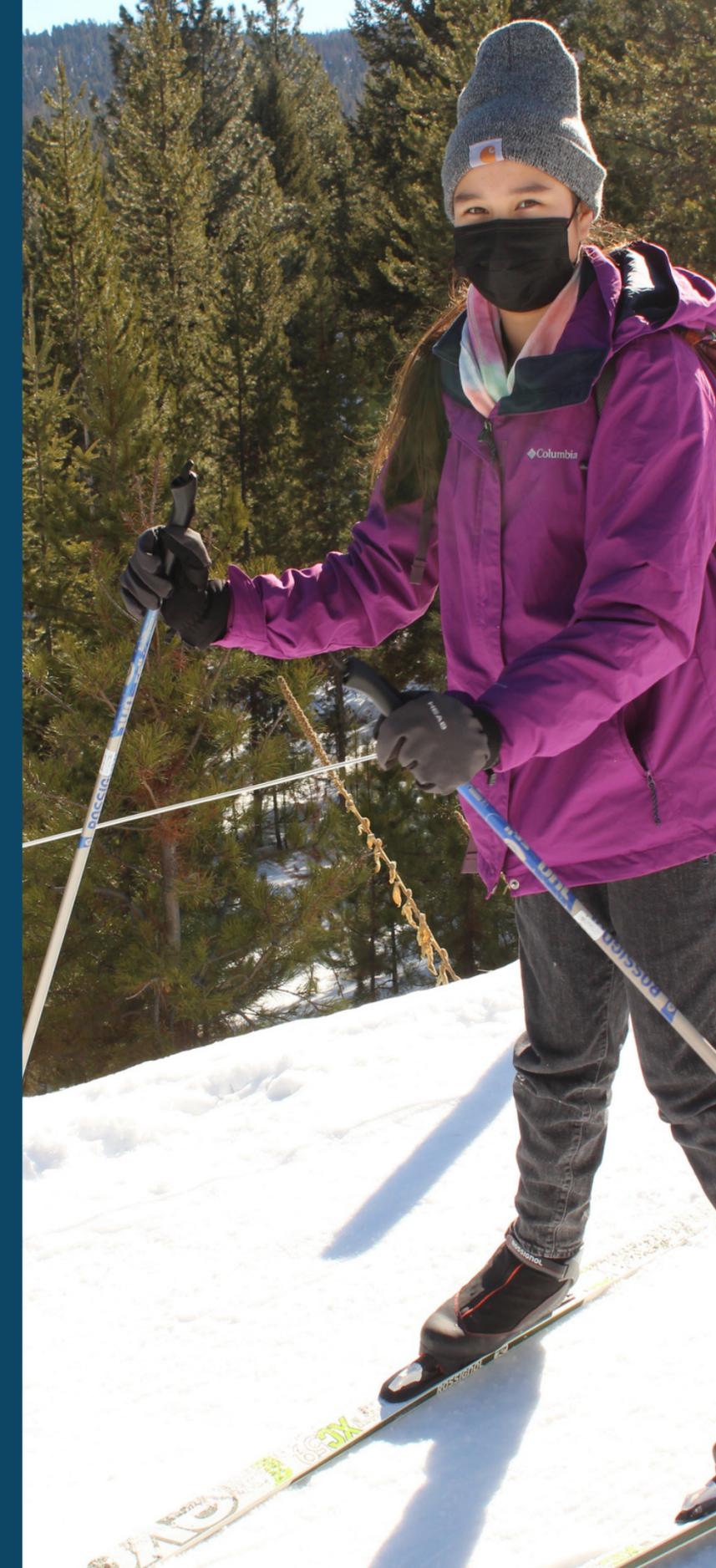
- reduced depression
- reduced aggressive behavior
- reduced anxiety

## ➤ Resilience

- internal locus of control
- self-efficacy, personal competence
- problem-solving
- empathy
- goals and aspiration
- cooperation and communication
- self-awareness

## ➤ School

- increased attendance
- increased school bonding



# TARGET POP/LEVEL

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All Nations Health Center is a non-profit federally qualified health center. Project Venture is implemented through the Missoula Native Connections & Buffalo Strong grant programs managed by the Behavioral Health Department.

01

Targeting American Indian/Alaska Native youth 11-14 years

02

Registered as a client/patient, enrolled AI/AN, First or Second generation descendent

03

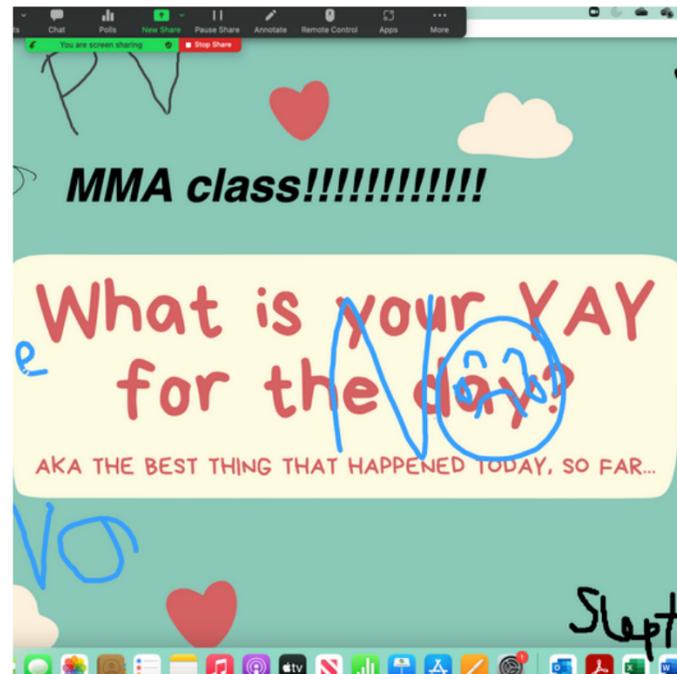
Community level intervention

- After school & weekend sessions

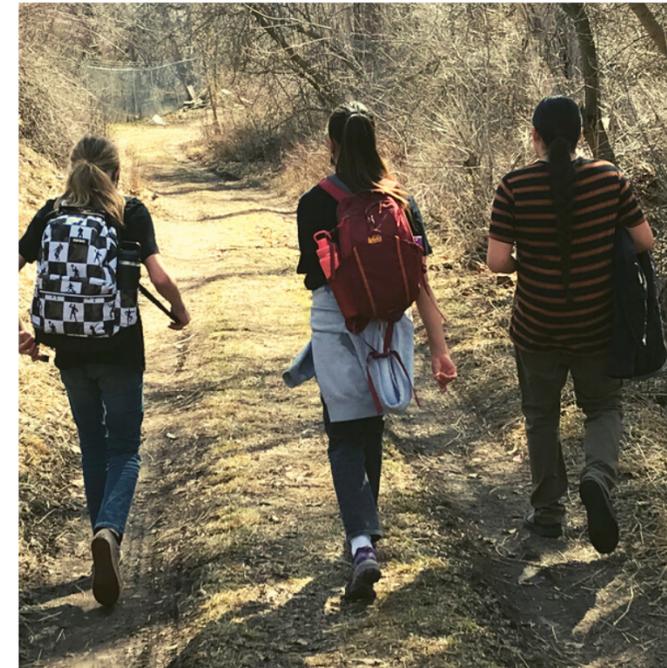
# SETTINGS & DOSAGE



**IN-SCHOOL**  
27 Sessions/yr  
(45-60 min each)



**AFTER-SCHOOL**  
22 Sessions/yr  
(2 hours each)



**OUT-OF-SCHOOL**  
12 Sessions/year  
(8 hours each)



**CAMPS**  
3/year  
(multi-day)

TOTAL: 150 contact hours per year at minimum

# RESOURCES REQUIRED

## 01. Achieving Goals

- 5+ staff trained
- Equipment: Snow shoes, skis, winter gear etc.
- Outdoor wellness tool kits

## 02. Evaluating Finances

- Training \$4,700 (activity bag \$800)
- Tool kits: \$5,000
- Food supplies: \$1,000



# BARRIERS TO IMPLEMENTATION



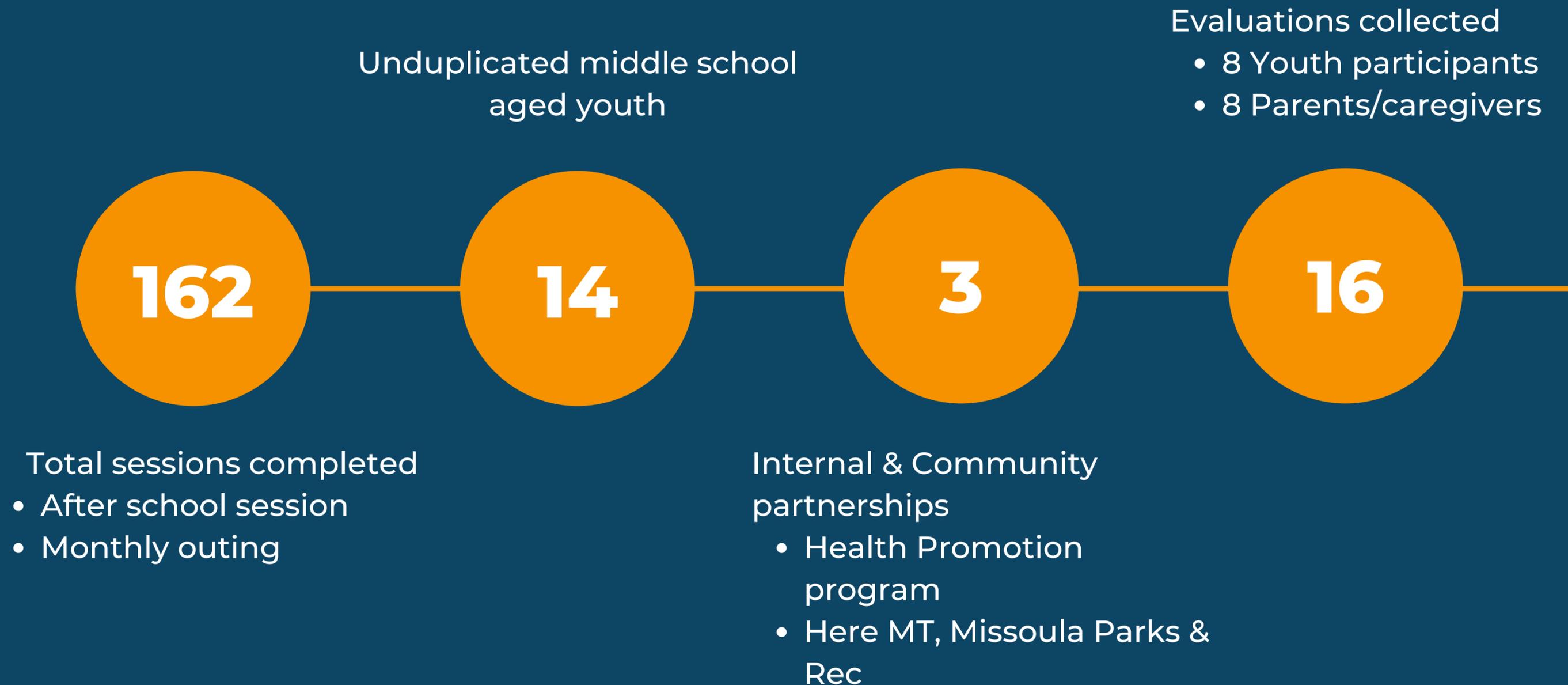
- COVID
- Adapting curriculum to virtual setting
- No in-school component

# Project Venture 2022



PHOTO HIGHLIGHTS

# SUCCESSSES



# EVALUATION & RESEARCH

"This program gets my child away from games, social, media, etc. and connects him to real-life issues and emotions."

- Project Venture parent

## What I like best about Project Venture is...

"Friends, knowledge and challenges."

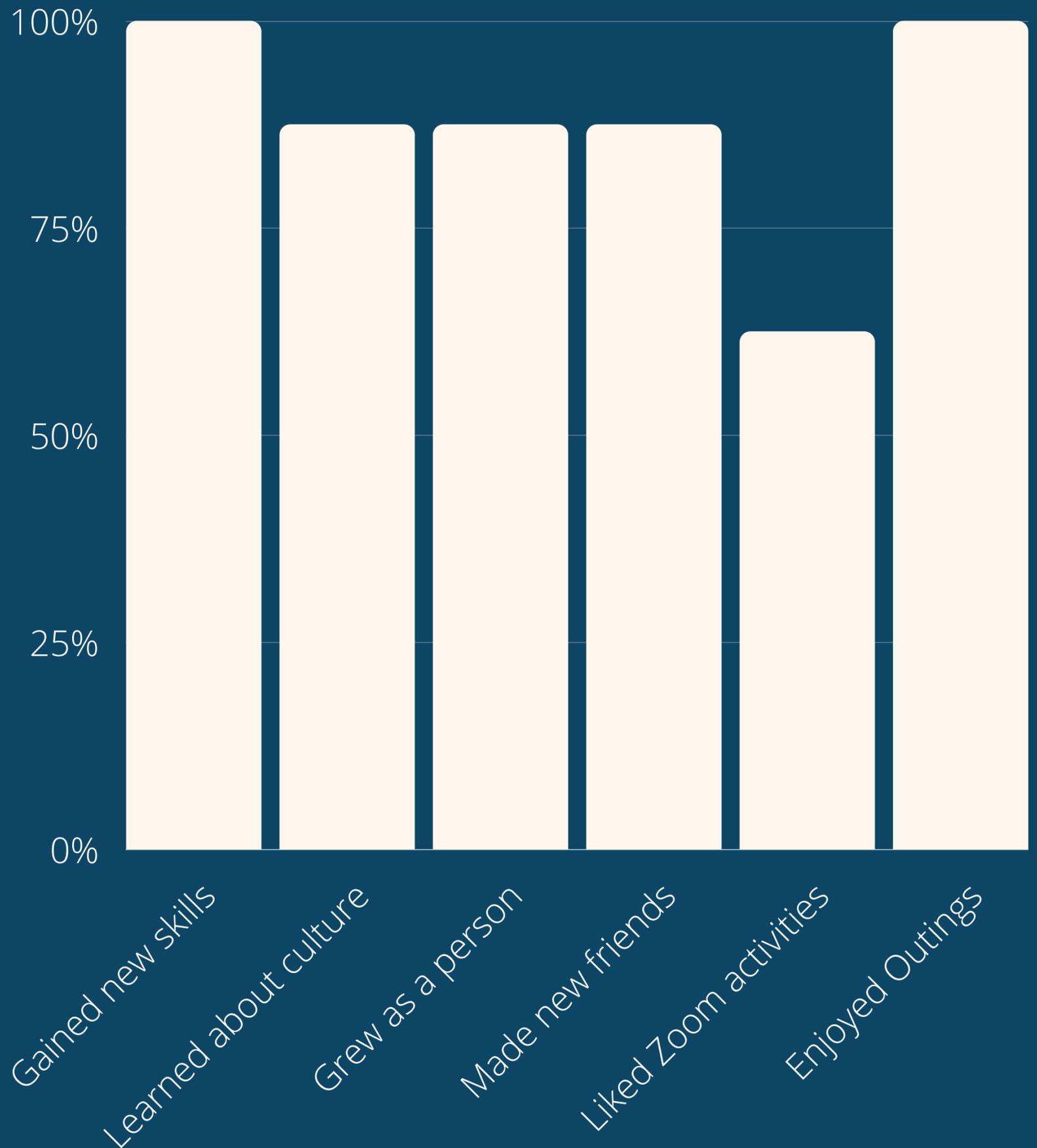
- Project Venture youth

"The things we learn about our culture."

- Project Venture youth

"The things we learned about and the things we talked about growing up and stuff"

- Project Venture Youth.



# QUESTIONS



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projectventure.org

